



## Keynote Speakers



### The Joy of Mindsets: 3 Must Have Skills for Change

*Amanda Gore*

Mindfulness and being conscious of your mindset have been shown to improve everything!

They literally change your brain and improve performance, leadership, decision-making, creativity; reduces anxiety, stress, depression and reactivity; it increases energy, wellbeing and makes you happier.

This session will show you simple ways to stop being mindless, be more present, more effective - and more joyful!



### Silent Voices of the Midwives in Sub Sahara Africa – Reconnecting to the Soul of Midwifery

*Captain Jan Becker*

Becker Helicopters Group CEO Captain Jan Becker is living proof that you can fly high in business and life while still staying grounded to family values and making the world in a better place.

As a trained midwife, Jan is also passionate about reducing child mortality and improving maternal health in some of the world's most under-resourced countries.

She is the founder of Midwife Vision, which offers education, professional support and resources to Midwives in Amana Referral hospital in Dar es Salaam, Tanzania. Her hands-on involvement includes funding equipment and making annual trips to Tanzania where she volunteers as a Midwife and Educator in the hospital's busy labour ward – which delivers up to 100 babies a day!

For videos and more information on Jan Becker click here

## Final Keynote Speaker ANNOUNCED



### The 100 Things

*Sebastian Terry*

What started as one man's journey to find purpose in life has grown into a global movement of people chasing their dreams and helping others do the same. Turned into an internationally published book, a Discovery Networks documentary and most importantly an interactive website for people to share their goals; this is 100 Things...

SAVE

SAVE \$100\*

Not yet registered?

Save \$100 on Full Registrations by entering discount code **SAVE100** when registering.

\* Excludes Student and Daily Registration

## Conference Registration Costs

REGISTRATION TYPE	MEMBER	NON-MEMBER	INCLUSIONS
Standard Full	\$820.00	\$970.00	Master Class (including afternoon tea), Conference Sessions (Thursday & Friday), Conference Pack, AQNML Awards Dinner (Thursday), arrival tea & coffee, morning & afternoon tea as detailed in the program.
Standard Corporate Group	\$820.00	\$870.00	
Full-Time Undergraduate Student		\$200.00	Master Class (including afternoon tea), Conference Sessions (Thursday & Friday), Conference Pack, arrival tea & coffee, morning & afternoon tea as detailed in the program.
Day Delegate Thursday or Friday	\$460.00	\$530.00	Conference Sessions for the registered day, Conference Pack, arrival tea & coffee, morning & afternoon tea as detailed in the program. Master Class and AQNML Awards Dinner is not included in this rate.
Pre-Conference Master Class	\$150.00	\$185.00	Master Class (Wednesday) and afternoon tea.
Additional Tickets AQNML Awards Dinner	\$120.00	\$120.00	Additional tickets are available for purchase by Day Delegates and accompanying guests.

For more Conference information please visit [www.aqnml.org.au/conference](http://www.aqnml.org.au/conference)

AQNML  
Association of Queensland  
Nursing & Midwifery Leaders

007

DIAMONDS

ARE Forever

AQNML 2018 AWARDS DINNER



## Conference Program

<b>Wednesday 1 August 2018 4</b>		4 CPD hours can be allocated for attendance to sessions on this day
12.30 PM - 1.00 PM	Registration	Plaza Level P6
1:00 PM - 5:00 PM	<b>Leadership and Clinical Education (LaCE)</b> Dr Pauline Calleja, Post Graduate Program Director for Nursing and Program Director for Emergency Nursing Programs Griffith University Leeanne Trenning, Nurse Educator, Retrieval Services Queensland	
<b>Thursday 2 August 2018</b>		6.08 CPD hours can be allocated for attendance to sessions on this day
8:00 AM - 8:30 AM	Registration - Welcome Tea & Coffee	Plaza Level P7&8
8:30 AM - 8:35 AM	<b>Conference Opening</b> Wendy Fennah, AQNML Vice President	
8:35 AM - 8:45 AM	<b>AQNML Update</b> Graham Wilkinson, AQNML President	
8:45 AM - 10:15 AM	<b>The Joy of Mindsets: 3 Must Have Skills for Change</b> Amanda Gore, Keynote Speaker	
10:15 AM - 10:50 AM	Morning Tea & Trade Exhibition	
10:50 AM - 11:20 AM	<b>Strategic &amp; Political Influencing</b> Shelley Nowlan, Chief Nursing and Midwifery Officer, Queensland	
11:20 AM - 11:50 AM	<b>Academic-Service Partnerships in Nursing and Midwifery: Creating the Future for Health Care</b> Professor Patsy Yates, Head - School Of Nursing, QUT School Of Nursing	
11:50 AM - 12:20 PM	<b>Nurses and Midwives Leading the Way - Current Opportunities and Challenges</b> Beth Mohle, Secretary, Queensland Nurses & Midwives' Union	
12:20 PM - 12:40 PM	<b>Panel Discussion</b> Beth Mohle, Shelley Nowlan, Patsy Yates, Graham Wilkinson - Facilitator Anne Morrison	
12:40 PM - 1:45 PM	Lunch & Trade Exhibition	
1:45 PM - 1:55 PM	<b>QSuper Scholarship Presentation 1</b> <b>Intestinal Fortitude</b> Kristen James, Nurse Navigator A/Nurse Unit Manager, Wide Bay Hospital and Health Service	
1:55 PM - 2:05 PM	<b>QSuper Scholarship Presentation 2</b> <b>The "REDD Book" (Resuscitation Emergency Drug Dosage book for children)</b> Lauren Morgan, Clinical Nurse Consultant, Sunshine Coast University Hospital	
2:05 PM - 2:15 PM	<b>QSuper Scholarship Presentation 3</b> <b>Leading Ideas into Action</b> Jenny Jaspers, Nurse Educator, Sunshine Coast University Hospital	
2:15 PM - 2:45 PM	<b>In My Experience – Good People doing Great Things</b> Mark Adcock, Nursing Service Director - Surgical Service Group, Sunshine Coast Hospital and Health Service	
2:45 PM - 3:15 PM	<b>The Impact of Administrative Support on Clinical Leadership of Nurse/Midwife Unit Managers: A Multi-Method Study</b> Dr May El Haddad, Nurse Researcher, NUM/MUM Project, Sunshine Coast Hospital and Health Service	
3:15 PM - 3:45 PM	Afternoon Tea & Trade	
3:45 PM - 4:15 PM	<b>Measuring Complex Care Coordination: Interplay of Multi-morbidity and Determinants of Health - Nurse Navigation Intensity of Care</b> Kristen James, Nurse Navigator A/Nurse Unit Manager, Wide Bay Hospital and Health Service	
4:15 PM - 4:45 PM	<b>Sowing the Seed for Resilience: Coming from the Heart!</b> Cynthia Popperwell	
4:45 PM - 4:55 PM	AQNML AGM Sign-in	
4:55 PM - 5:30 PM	AQNML AGM	
7:00 PM - 11:00 PM	AQNML AWARDS DINNER - 007 Diamonds are Forever	

# Conference Program

**Friday 3 August 2018**

4.67 CPD hours can be allocated for attendance to sessions on this day

8:00 AM - 8:30 AM	Welcome Tea & Coffee & Trade Exhibition	Plaza Level P7&8
8:30 AM - 8:45 AM	<b>AQNML - The New Executive Committee &amp; AQNML Award Winners</b>	
8:45 AM - 9:45 AM	<b>Silent Voices of the Midwives in Sub Sahara Africa – Reconnecting to the Soul of Midwifery</b> Captain Jan Becker, CEO, Becker Helicopters Founder Midwife VIsion – Keynote Speaker	
9:45 AM - 9:55 AM	<b>From Clinical Nurse to Operations Nurse Manager and Everywhere in Between - The Lessons I have Learned in Leadership</b> Kerry Healy, Associate Nurse Unit Manager, Retrieval Services Queensland, Brisbane AQNL 2017 Emerging Nurse Leader	
9:55 AM - 10:30 AM	Morning Tea & Trade Exhibition	
10:30 AM - 11:00 AM	<b>Work Life Balance - Define Your Plan</b> Adj. Associate Professor Veronica Casey, Executive Director Nursing & Midwifery Services, Metro South Hospital and Health Service	
11:00 AM - 11:25 AM	<b>On a Wing and a Prayer</b> Andrea Nagle, Executive Director Nursing and Midwifery Services, Darling Downs Hospital and Health Service	
11:25 AM - 11:45 AM	<b>Living and Taking the Lead in Caring for the Elderly</b> Samantha Woodhouse, Nurse Educator, Nursing and Midwifery Service, Education and Research, Ipswich Hospital - West Moreton Health	
11:45 AM - 12:10 PM	<b>Hope for the Best and Prepare for the Worst</b> Colleen Rasmussen, Director of Nursing / Service Manager, Dalby Health Service	
12:40 PM - 1:45 PM	Lunch & Trade Exhibition	
1:15 PM - 1:45 PM	<b>ieMR - What it Means for You and Your Patients</b> Nicki Dennis, Director of Nursing, QEII Jubilee Hospital	
1:45 PM - 2:45 PM	<b>The 100 Things</b> Sebastian Terry	
2:45 PM - 2:50 PM	<b>Reflections &amp; Close</b>	

Times, Topics & Speakers subject to change

## Sponsors

Platinum Awards Sponsor



Gold - Regional Scholarship Partner



Gold - Uniform Partner



Silver - Keynote Speaker Partner

Enhancing outcomes for patients and their caregivers:



## Exhibitors

13 HEALTH	Johnson & Johnson
Active Medical	Medeleq
AQNML	Midmed
Arjo	Nestle Nutrition
CQ Nurse	QNMU
CQUniversity Australia	QSuper
Carramar Education	QUT School of Nursing
First Choice Care	Smartsalary
Healthcare Australia	Southern Queensland Rural Health
HESTA	Telehealth Emergency Management Support Unit (TEMSU)
Hill-Rom Pty Ltd	Welch Allyn
HMS Medical	TrendCare
Hoyland Medical	
Infectious Clothing Company	